

## **Summary of the Amateur Boxing Competition Rules**

Amateur boxing competitions in Curaçao can only be organized by CuraBox and/or under the auspices of CuraBox. For safety reasons, these must be conducted under the supervision of competition officials (referees, judges, time-keeper), ring doctor, first aid, right protective equipment, and according to the class divisions for equivalent matches.

Classification	Born in	Duration	Headgear	Gloves	Weight Classes in kilogram (kg.)
Cadets U13	2013-2014	3x1 min.	Yes	10 oz	Max. 2 kg. difference
Scholars U15	2011-2012	3x1.5 min.	Yes	10 oz	37-40, -42, -44, -46, -48, -50, -52, -54, -57, -60, -63, -66, -70, -75, -80, 80+
Junior U17	2009-2010	3x2 min.	Yes	10 oz	
Youth women U19	2007-2008	3x3 min.	Yes	10 oz	-48, -51, -54, -57, -60, -65, -70, -75, -80, 80+
Elite women	1985-2006	3x3 min.	Yes	10 oz	
Youth men U19	2007-2008	3x3 min.	Yes	-70 = 10 oz	-50, -55, -60, -65, -70, -75, -80, -85, -90, 90+
Elite men	1985-2006	3x3 min.	No	70+ = 12 oz	

If both parties, supervisor & CuraBox agree, a boxer can compete in a single bout against a boxer from a class higher. In case of age class difference, according to the rules of the youngest age class of both (duration, headgear, etc.). A distinction can also be made between novices and experienced competitive boxers. Male vs Female is NOT possible. Pre-bout medical examination and the Weigh-In on the same day as the bout.

### **Boxer's uniform and equipment**

- Boxing gloves and headgear in the color of the corner, provided by CuraBox.
- The divisions that **MUST** wear headgear, may use their own approved headgear for hygiene reasons.  
If not wearing a headguard and hair that reaches below the neckline, hair must be secured appropriately.
- Footwear, such as shoes or light boots (without spikes or heels) and socks not higher than the knee.
- Mouthpiece/gumshield. A boxer wearing braces, can also box if he/she is wearing a fitted gumshield.
- Men must wear a cup protector held around the body via a cup holder under the shorts. The cup may not be worn loosely in underpants. Must not cover navel, beltline or any part of the target area.  
Women may use a cup protector and/or a breast protector (may not shield any target area of the body, including breastbone). No metal parts except if there is a fastening at the back.
- Bandages (between 2.5 and 4.5 m long, 5.7 cm wide and made of stretchy cotton material with a Velcro closure). Only in Elite it's also allowed to use Gauze bandage and Zinc oxide tape. For each hand 1 roll of 5cm x 15m gauze, 1 roll of 5cm x 10m gauze (to create a knuckle pad), 1 rolls of 2.5cm x 13m tape and for both hands 1 roll of 1.25cm x 13m tape for between the fingers.  
The knuckles may not be covered by Tape. It is prohibited; to use any substance and foreign materials, to cover the knuckles of the hand by tape, to stack gauze and tape and/or to place the tape directly on the skin.
- Vests (sleeveless) and shorts (women can also wear a skirt) red or blue according to the corner. The length of the shorts must not be shorter than mid-thigh, cannot cover the knee and must not be worn above the belt line. The belt line must be clearly identified by a contrasting color to the shorts/skirt and vest and must be 6-10 cm wide and must not cover the navel. No tape allowed on the uniform. No zippers or any other dangerous (hard and/or sharp) parts.
- Women may wear a black sport form-fitting Hijab, long-sleeved and full-length, under the vest and shorts or skirt.
- There shall not be any demonstrations, symbols or patterns containing political, religious and racial propaganda, and of items on the WADA prohibited substance list, visible on body, gear, wear or any other item.
- Only soft contact lenses allowed. All other contact lenses are prohibited. If the boxer loses contact lenses, the boxer accepts to continue to box and the bout continues or the boxer does not accept to continue to box without contact lenses, the referee terminates the bout, and the opponent is declared the winner by ABD (abandon).
- Allowed to use Kinesiology taping; but it can only be applied from waist down, and to the back of the body.
- No body piercing and no body accessories are permitted to be worn during a bout.

**Commands by the Referee.** "BREAK" both boxers must take a step back and after that, they are allowed to continue boxing. If the referee says "STOP", boxers must step back and must wait until the referee says "BOX".

## FOULS and/or infringements of the rules

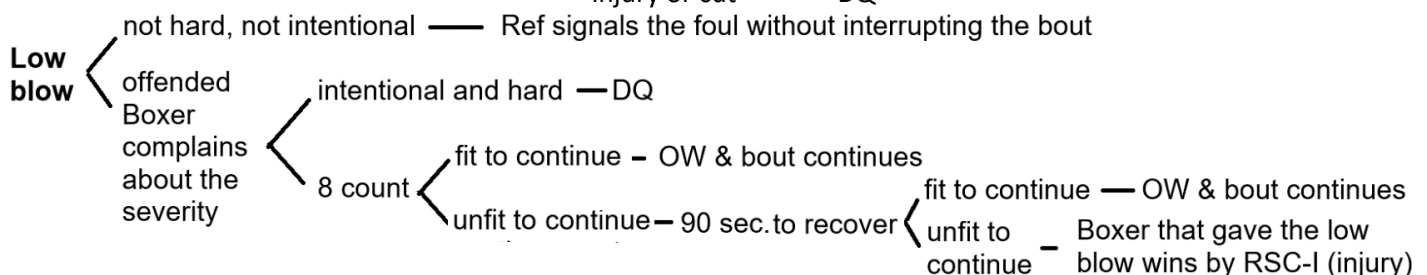
- Hitting; below the belt, the back of the opponent, especially back of the neck and/or head and/or kidney punch
- Hitting with; the head, shoulder, forearm, elbow, wrist, side of the hand, backhand, open glove, inside of the glove, slapping and/or lacing (rubbing the bottom side of an open glove into the opponent's face)
- Tripping, Kicking, Butting, Strangling, Pulling, Lying on, Wrestling, Throwing, Biting, Spitting, Hair pulling/grabbing, Stepping on opponent's toe, Hitting after the bell, Keeping hand straight to obstruct the opponent's vision, holding the ropes, making any unfair use of the ropes, attacking an opponent who is down or who is in the act of rising.
- Holding, Holding'n'hitting, Locking opponent's arm or head, or pushing an arm underneath opponent's arm
- Pushing, Pushing opponent's face with an arm or an elbow, Pushing opponent's head back over the ropes
- Disregard of the referee's instructions; continuing to box after the command "BREAK" or "STOP", not stepping back when ordered to BREAK, attempting to strike opponent immediately after the referee has ordered "BREAK" and before taking a full step back, and/or attacking an opponent before "BOX", after a "STOP" command.
- Speaking, assaulting and/or behaving in an aggressive manner towards a referee/official, unsportsmanlike and/or undisciplined conduct of any kind.
- Any action or activity by the seconds aimed at disrupting the bout or causing an unfair advantage to be given to a corner's boxer. Seconds are not allowed to distract the referee or influence the actions of the referee in any fashion.
- Ducking below the belt of the opponent, passive double cover defense, intentionally falling, running, turning the back, simulating being hit too low, falsely claiming a foul, faking an injury, dropping or spitting out the mouth guard.
  - Spitting out the mouth guard/ gumshield intentionally without receiving a punch = OW (Official Warning)
  - If the mouth guard/ gumshield falls out after receiving a punch, and if this happens for the 3rd time = OW

OW (Official Warning) = 1 point deduction

3rd OW = DQ (Disqualification)

Head-butt or any other serious illegal blow: - No injury or cut = OW or DQ

- injury or cut = DQ



## Seconds/ coach

- Up to 3 Seconds. Only 2 may mount the apron and only 1 may enter the ring during the rest between 2 rounds. If at any other time a second enters the ring, the Referee may stop the bout and disqualify the seconds' boxer entering the ring. NOT allowed to enter at the start or after final round, until the result has been announced.
  - Must leave the ring and the apron prior to the start of each round, and must remove seats, towels, buckets, etc.
  - Must have a towel and may indicate retirement of the Boxer by throwing the towel into the ring, except when the Referee is counting.
  - May use Ice bags, Enswell, non-petroleum skin-protective jelly (vaseline) or Cavilon, and transparent bottled water.
  - May not administer any drugs aside from the approved ones during the Bout.
  - Under no circumstance allowed to administrate supplemental oxygen or any type of inhaler to a Boxer.
  - Not permitted to stand up and/or to encourage or incite spectators by words or signs during the bout.
  - Not allowed to touch the ring during the Bout, yell, cause a scandal or disturb the Competition.
  - Not permitted to walk off Second's designated area with disagreed actions against the Referee.
  - Not permitted to yell at/argue with any Official or demonstrate disagreement by throwing any item, kicking any chair or water bottle or to take any other action that may be deemed as unsportsmanlike behavior.
  - The use of any communication device is not permitted in the FOP (field of play).
  - Sportswear, but No demonstrations, symbols or patterns containing political, religious and racial propaganda, and of items on the WADA prohibited substance list, visible including permanent or temporary tattoo on the body, etc.
- Sanctions for seconds: 1st violation on any of the above prohibited activities caution, 2nd violation OW and placed outside of the FOP and 3rd violation removed from the venue for the rest of the event.